

# mentorING program information for female students











"I was surrounded by extraordinary women in my life who held out and showed me the way. I am the product of other people's mentorship."

(Michelle Obama)

mentorING is the longest-running as well as one of the most successful mentoring programs for female students at TUM.

mentorING supports you early on to get an insight into the working world.



You will be accompanied individually for one year by a male or female mentor from one of our partner companies. We make sure that your mentor matches your study focus, your professional and personal goals as much as possible. With your mentor by your side, you have the possibility to progress personally and professionally.

Furthermore, we give you the chance to participate in events, where you will be able to meet other mentees and mentors, and to broaden your network.

# Information for your application

### You are

- o a female student at TUM and
- o at least in the 3<sup>rd</sup> semester of your bachelor studies?

Then submit your application until 16th October 2024!

The **mentorING** program starts each year in November/December. For information and application form:

https://tum-international.com/en/mentoring-main/

Stella Neuhofen, Tel.: +49 151 46 36 54 58 mentoring@tum-international.com

Partner 2023/24:

**AIRBUS** 





**Deloitte.** 





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# **One-on-One Mentoring**

You will be accompanied individually for one year by a mentor from one of our partner companies. We try to make sure that he or she corresponds with your study focus and your professional goals. Your mentor supports you in your own personal development during your mentorING year.

# **Networking**

You jointly undergo the mentorING program with the other mentees. Our regular events the perfect pose opportunity to talk to your fellow students as well as mentors. This is your chance to establish new contacts as well as a professional network.

### **Professional Qualification**

mentorING offers you the possibility to participate in interesting seminars and workshops. They include topics such as life and career planning, leadership skills or work-life balance. A highlight is our job application training: theoretical input and practical exercises help you to prepare for diverse situations during an application process.

# **Personal Development**

mentorING also offers you the possibility of personal development. In cooperation with your mentor, you get to reflect your strengths and opportunities. Your mentor helps you to define personal goals realistically and supports you with the right tools to reach them.

# **Program Content:**

### **Kick-off Event**

Introductory Workshop - getting to know your mentor

### **Determination of Personal Position and** Goals

Personal situation and goal definition orientation factors.

Determination of individual position and goals of mentees.

## **Networking Event**

Exchange with other mentees and mentors. Panel discussion on a topic from professional life.

# **Developing Leadership Skills**

Competence models for leadership positions.

# Workshop "Managing Gender & Diversity"

Examination of gender roles.

Reflection of personal perception of gender roles.

# **Application Training**

Simulation of application and job interview with HR managers of our partner companies.

## **Events of Partner Companies**

Visits and tours within the partner companies.

### Partner 2023/24:

# **AIRBUS**





# **Deloitte**





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Dates	Events mentorING program 2023-2024	Participants
<b>Tue., 28. Nov. 2023</b> 16:00 – 18:30 h	Kick-Off into the new mentorING year – opening event feat. TÜV SÜD  (Location: Partner company TÜV SÜD)	Mentees & Mentors
<b>Mon, 11. Dec. 2023</b> 14:00-15:30 h	Catch-up Kick-Off meeting (virtually via MS Teams) How to get startet?	Mentees & Mentors
<b>Tue., 16. Jan. 2024</b> 10:00 – 14:00 h	myMentorING – Seminar for Mentees on the topic of location and target definition feat. Deloitte (Location: Partner company Deloitte)	Mentees only
<b>Tue., 06. Feb. 2024</b> 16:00 – 18:30 h	How does AIRBUS deal with innovation? Company presentation & site visit at AIRBUS (Location: Partner company AIRBUS)	Mentees, Mentors, HR personnel
<b>Tue., 16. Apr. 2024</b> 17:00 – 19:00 h	myCAREER – networking at night feat. IT4IPM und Dr. Alina Gales, Head of Staff Unit Diversity & Equal Opportunities at TUM (Location: Partner company IT4IPM)	Mentees, Mentors & HR personnel
Wed., 8. May 2024 individual appointments & 15:00-16:30 h Plenum	Virtual job application simulation + Feedback from HR personnel (virtually) Morning (~1 hour) with individual appointments Afternoon, 15:00-16:30 h: Plenum for feedback, debriefing and discussion	Mentees & HR personnel
<b>Tue., 4. June 2024</b> 17:00 – 19:00 h	myCAREER – new perspectives feat. attempto (Location: Partner company attempto)	Mentees, Mentors & HR personnel
<b>Tue., 02. July 2024</b> 16:00 – 18:00 h	Check-In Snack & Chat for Mentees feat. Linde (Location: Partner company Linde)	Mentees only
<b>Tue., 17. Sept. 2024</b> 15:45 – 18:30 h	Workshop Managing Gender and Diversity feat. Rohde & Schwarz (Location: Partner company Rohde & Schwarz)	Mentees & Mentors, HR personnel
<b>Tue., 22. Oct. 2024</b> 9:00 – 14:30 h	Mentee-Seminar "Agile Project Management" feat. MaibornWolff (Location: Partner company MaibornWolff)	Mentees only
<b>Tue., 12. Nov. 2024</b> 15:45 – 18:30 h	Closing event: Reflection – my mentorING year feat. Knorr-Bremse (Location: Partner company Knorr-Bremse)	Mentees & Mentors, HR personnel